NORDIC CHAMPIONSHIPS 2021 RUNNING ORDER

NORDIC CHAMPIONSHIPS

SATURDAY, October 16

MAIN STAGE 09:00

Bikini fitness – 160	Pre-Judging
Bikini fitness – 163	Pre-Judging
Bikini fitness – 166	Pre-Judging
Bikini fitness – 169	Pre-Judging
Bikini fitness – 172	Pre-Judging
Bikini fitness + 172	Pre-Judging
Bikini fitness – 160	I-walk + final
Bikini fitness – 163	I-walk + final
Bikini fitness – 166	I-walk + final
Bikini fitness - 169	I-walk + final
Bikini fitness - 172	I-walk + final
Bikini fitness + 172	I-walk + final
Bikini fitness – 160	Results & trophies
Bikini fitness – 163	Results & trophies
Bikini fitness – 166	Results & trophies
Bikini fitness - 169	Results & trophies
Bikini fitness - 172	Results & trophies
Bikini fitness + 172	Results & trophies
Bikini fitness	Overall

EXPO STAGE 13:00

Group 1

Men's physique juniors	Pre-Judging
Men's physique – 173	Pre-Judging
Men's physique – 179	Pre-Judging
Men's physique + 179	Pre-Judging
Men's physique juniors	Final, top 6
Men's physique – 173	Final, top 6
Men's physique – 179	Final, top 6
Men's physique + 179	Final, top 6
Men's physique juniors	Results & trophies
Men's physique – 173	Results & trophies
Men's physique – 179	Results & trophies
Men's physique + 179	Results & trophies
Men's physique	Overall

Group 2

Wellness fitness juniors	Pre-Judging
Wellness fitness – 163	Pre-Judging
Wellness fitness – 168	Pre-Judging
Wellness fitness + 168	Pre-Judging
Wellness fitness juniors	I-walk + final
Wellness fitness – 163	I-walk + final
Wellness fitness – 168	I-walk + final
Wellness fitness + 168	I-walk + final
Wellness fitness juniors	Results & trophies
Wellness fitness – 163	Results & trophies
Wellness fitness - 168	Results & trophies
Wellness fitness + 168	Results & trophies
Wellness fitness	Overall

Group 3

Bikini fitness juniors – 163	Pre-Judging
Bikini fitness juniors – 169	Pre-Judging
Bikini fitness juniors + 169	Pre-Judging
Bikini fitness juniors – 163	I-walk + final
Bikini fitness juniors – 169	I-walk + final
Bikini fitness juniors + 169	I-walk + final
Bikini fitness juniors – 163	Results & trophies
Bikini fitness juniors – 169	Results & trophies
Bikini fitness juniors + 169	Results & trophies
Bikini fitness juniors	Overall

NORDIC CHAMPIONSHIPS

SUNDAY, October 17

MAIN STAGE 09:00

Body fitness – 160	Pre-Judging
Body fitness – 163	Pre-Judging
Body fitness - 168	Pre-Judging
Body fitness + 168	Pre-Judging
Body fitness – 160	I-walk + final
Body fitness – 163	I-walk + final
Body fitness - 168	I-walk + final
Body fitness + 168	I-walk + final
Body fitness – 160	Results & trophies
Body fitness – 163	Results & trophies
Body fitness – 168	Results & trophies
Body fitness + 168	Results & trophies
Body fitness	Overall

EXPO STAGE 13:00

Group 1

Fitness	Pre-Judging
Women's physique	Pre-Judging
Fitness	Free posing routine
Women's physique	Free posing routine
Fitness	Final top 6
Women's physique	Final top 6
Fitness	Results & trophies
Women's physique	Results & trophies

Group 2

Classic physique juniors	Pre-Judging
Classic physique	Pre-Judging
Classic Bodybuilding juniors	Pre-Judging
Classic bodybuilding – 180	Pre-Judging
Classic bodybuilding + 180	Pre-Judging
Classic physique juniors	Final top 6
Classic physique juniors	Free posing routine
Classic physique	Final top 6
Classic physique	Free posing routine
Classic Bodybuilding juniors	Final top 6
Classic Bodybuilding juniors	Free posing routine
Classic bodybuilding – 180	Final top 6
Classic bodybuilding – 180	Free posing routine
Classic bodybuilding + 180	Final top 6
Classic bodybuilding + 180	Free posing routine
Classic physique	Results & trophies
Classic Bodybuilding juniors	Results & trophies
Classic bodybuilding – 180	Results & trophies
Classic bodybuilding + 180	Results & trophies
Classic bodybuilding	Overall

Group 3

Body fitness – 163 juniors	Pre-Judging
Body fitness + 163 juniors	Pre-Judging
Body fitness – 163 juniors	I-walk + final
Body fitness + 163 juniors	I-walk + final
Body fitness – 163 juniors	Results & trophies
Body fitness + 163 juniors	Results & trophies
Body fitness	Overall